

PEDIATRICS AND ADOLESCENT MEDICINE, P.A.

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Dear Parents,

As your child enters adolescence, he/she is entering a time of increasing independence and self-determination. We at PAMPA believe that part of that process includes responsibility for his/her own health. Therefore, beginning at age 13, your teenager will be asked to complete a brief questionnaire at each well-child or sports physical visit. This questionnaire will be kept confidential between the teenager and the physician or nurse practitioner and will include general topics such as school issues, body image, substances (alcohol, tobacco, performance enhancers, drugs) sexuality, as well as questions designed to elicit information about the teenager's own concerns about his/her personal health. Your teenager will never be forced to answer questions with which he/she is uncomfortable and will be strongly encouraged to discuss any areas of significant concerns with his or her parents.

It is our goal to identify problem areas early and to facilitate communication between teenagers and their parents. We appreciate your support as we work together to help your teenager become a healthy, responsible adult.

Sincerely,

The physicians, nurse practitioners, and the staff of PAMPA